

# Home-Start North West Hampshire is a local branch of the

## UK's Leading Family Support Organisation

Home-Start volunteers are matched with families who have young children and who need a little support to help them through a stressful time. Volunteers are asked to visit "their" family once or twice a week for 2-3 hours offering friendship, support and practical help.

If you have a few hours a week to spare and you have parenting experience or a proven interest in supporting parents with young children, give us a call to find out more.

## Our next Volunteer Preparation Course 2016 TBC

Out of pocket expenses will be reimbursed.  
This voluntary work is unpaid but is highly rewarding.  
**YOU** can make a difference to someone's life.

### HOME-START NORTH-WEST HAMPSHIRE

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